



# The Westwoodian

Connecting you to Westwood Unitarian Congregation

May 2010

11135-65 Avenue, Edmonton, AB, T6H 1W3  
Tel: 780-434-5819; E-mail: info@westwoodunitarian.ca  
www.westwoodunitarian.ca

## Sunday Services

Services start at 10:30 a.m. and last about one hour. Visitors are welcome. All are encouraged to stay for refreshments and conversation afterwards.

### May 2: Listen! What the Case of Omar Khadr Teaches Canadians

With performances by special guests from the Middle Eastern & North African Music Ensemble

**Speaker:** Janice Williamson

**Service Leader:** Sara MacEwan

### May 9: Mother Spirit: Strength & Sacrifice

This Mother's Day Sunday, we reflect on the idea of 'mother spirit' – and whether this could be accessible to every person, regardless of gender, mother or not.

**Speaker:** Rev. Anne Barker

**Service Leader:** Dennis Foth

**Musician:** Sheila Killoran

**\*\*There will be a 'Second Sunday Potluck Lunch' following the service\*\***

### May 16: The GEA Hour

Edmonton's newest TV station, WWU, presents Heather and Carl as the hosts for the GEA Hour. Come watch these rising TV personalities as they explore the world of the Greater Edmonton Alliance in an informative and thought provoking interview. You will learn about GEA's position on issues such as affordable housing for low income families, quality care standards for seniors and creating a sustainable local foods economy.

**Show time:** 10:30am

**Location:** WWU TV Studios, 11135 65 Ave

**Hosts:** Heather MacDonald & Curl Ulrich

**Guests:** Laura Kate Jefferys, Monique Nutter

**Director:** Christine Watts

**Production team:** Westwood Social Justice Committee

**Studio Band:** Harmonia

**\*\*If you want to be part of the trendiest audience in Edmonton on May 16, plan to attend!\*\***

### May 23: Small Medicinal Doses

Drowning in it all? It's easy to do! There's so much, - Fascination with speed, burgeoning information, "stuff", errors and solutions, and on and on. In the midst of it all do you find yourself wondering about the Davinci code? What's it all about? Does it matter to you? In the heart of chaos, Dr Evangeline Rand will explore tiny medicinal doses of the emerging and feminine form of holy wisdom.

**Speaker:** Dr. Evangeline Rand

**Service leader:** David Deephouse

**Musician:** Gordon Ritchie

### May 30: Worship on Worship

The Sunday Service is our central, shared & most public Westwood experience. Rev. Anne & the Worship Committee will share the gifts, struggles and growth opportunities that combine to form the work and wonder of 'weaving our worship'.

**Speaker:** Rev. Anne Barker

**Service Leader:** Westwood Worship Committee

**Musician:** Mary Wood & Rebecca Patterson

**\*\*A light lunch and the 'Westwood Annual Meeting' follows this service\*\***

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## Barker Bits

### Looking Back...

May is upon us ... spring in full swing ... and the work of the congregation comes together, in reflection and decision, at the annual meeting. If you are new, or have never attended an annual meeting, this is the time where we complete the work of the church year, voting on initiatives that have come full circle, and where we elect the Board of Trustees for the next year.

This year, we have undertaken significant projects. We approved a new Mission Statement with goals – with work remaining, for next year, to determine a Westwood Vision Statement. We have learned more about the Greater Edmonton Alliance (GEA), in preparation for a decision about Westwood membership in that organization. Recognizing that *'Nobody's Perfect'*, we spent time *'Working To-*

*gether'* (remember the workshops in October and March?) – the final product being a Westwood Covenant of Right Relations that will be distributed this month. We put a new Long Range Planning Committee in place ... carried out the annual stewardship campaign following a new model ... and began anticipating and evaluating our changing needs for 2010-2011.

You will soon receive the annual reports from committees, groups, and staff, along with next year's budget and the Covenant document. Please take the time to read them, consider their content, share your thoughts and ask any questions you may have. Like any healthy reflection process – these reports and documents should be articulating what you already know ... what we have been doing all year ... products we have created, carefully, together ... and the needs

and opportunities we see ahead for the next year.

This is a time for completion, where completion is possible; for creation, where new projects are warranted; and for clarification, where ever clarity has not been achieved. Take the time, as a member of this community, to review our considerable shared efforts, to make your suggestions and to cast your vote, in accordance with your conscience, based on a fully informed position. The direction of a community always reflects the membership – individuals' combined needs, desires, and understandings. Help us to achieve a democratic, balanced and effective representation of Westwood Unitarian – in the annual meeting and in the world!

In peace and love,  
*Reverend Anne*



### Lay Chaplaincy Committee Invites New Members and Lay Chaplain Candidates

Are you curious about Lay Chaplaincy? Whether you've considered the possibility of becoming a lay chaplain, or you're interested in joining a small, pleasant Westwood committee, please feel free to get in touch with me, Susan Anderson, [lccommittee@westwoodunitarian.ca](mailto:lccommittee@westwoodunitarian.ca) or you may leave a message for the committee by calling Westwood at 780-434-5819.

# Here's How I See It — This President's Perspective

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## What does it take?

It's that time of year again, when a congregation's mind turns to the Annual General Meeting! Thoughts of next year flutter through the minds of board members: "Who the heck is going to help this place run?!" While we have chosen to invest some of our money in paid staff, much of what makes Westwood what it is comes from the work of many volunteers. We want so much to happen at our small church. There is lots of work to go around, and seemingly never enough people to do it. Volunteer burnout is a constant concern. There are a number of groups that we have not been able to staff this year.

One of those groups is a nominations committee. They are the group within the church who help identify the volunteer opportunities within the congregation, and find people to fill vacancies. It used to be that they just looked for people to sit on the board, and a couple of other key committees. This year, in an attempt to get some focus on volunteering at Westwood, we revised the terms of reference for this group to include all committees at Westwood. Our hope was to find some folks who would take a bigger picture look at volunteering at Westwood, how we do it, how we don't, and how we might support our volunteers more effectively. Sadly, our

history has many examples of people burning out in volunteer positions and leaving with hurt feelings. (even this year). Not the culture most of us would like, I'm sure.

"What we need is a few more members." How many times have I heard that as a solution to our money, or volunteer woes! I remember boarding with a member of the Vancouver Unitarian Church when I did my basic Lay Chaplaincy training there. A bustling congregation of 350 or so. You know, that's just what she said! We Unitarian Universalists are a heady bunch, always seeing what needs to be done around the corner. Perhaps we need to review what it is we are doing. Are we over-extended? Why are we having such difficulties filling open positions? (Eleven people were asked to chair or co-chair the Stewardship Committee this year. No one said yes, so last years team did the work.) There is a constant lack of people helping out with Sunday service jobs, pretty simple jobs for the most part. You're there anyway!

So the Board has had to take on the task of the nominations committee. Thanks to the hard work of Suzanne and Dennis we have these stats: 40% of our membership, and 87% of our friends have no apparent connection to Westwood through committee or involvement in activities. That doesn't include Sunday morning support work, or one off activi-



ties like work bees and things like that. Interesting. I understand. There are lots of reasons why many people don't or can't help out with the physical work of Westwood. The fact is, out of 135 people who are members or friends of Westwood, 53% have no apparent committee or activity involvement in Westwood. The surprise to me is how hard it is to find people to help out.

Am I whining? I hope not. Committee and activity involvement should be some thing that helps you be a part of this community. It is my hope that it would be soul enriching. I know I have grown in many ways by having served on committees and attending activities at Westwood. Think of the opportunities for personal and spiritual growth that are passing by at Westwood, without you perhaps!? Please, next time you are asked if you would be interested in doing some committee work, or helping out in some way, consider saying yes! It will probably be good for you!

UUly- Mitch

## Sounding Board

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The Westwood Board of Trustees met on April 7, 2010.

Thanks to **Elaine Roberts** for her work on a draft bylaw amendment to clarify what happens to archival material should Westwood be dissolved. The proposal will be voted on at the Annual General Meeting.

The **Annual General Meeting** will take place after the Sunday service on May 30, 2010 and will include election of offi-

cers for the 2010-11 year. Individuals who are willing to serve as board trustees or as an officer (especially, say, vice-president) are encouraged to contact Mitch Waldon.

**Mitch Waldon** and **Melissa Henderson** will be Westwood's delegates at the 2010 Unitarian Annual Conference and Meeting in Victoria on the Victoria Day long weekend. Westwood will have a hearty delegation,

which will include **Kathy Lightfoot, Lorian Kennedy, Deidra Helmig, Anastasia Sydor, Sherrill Johnson, Dean Chan, Edda Loomes and the Reverend Anne Barker, as well as a youth contingent.**

The Westwood Board of Trustees will meet on May 5, 2010 and a special meeting has been called for May 3, 2010 to continue work on the proposed 2010-11 budget.

### Reminder: Board Meetings are Open

If you would like a decision or discussion at a Westwood Board meeting, please submit your items by the last Wednesday of the month to Dennis Foth so you will be added to our agenda. Our meetings are almost always the first Wednesday of the month.

Our next board meeting is Wednesday, **May 5 at 7:00pm.**

*If you are ill, at home or in hospital  
Please let the minister know  
And we will check in with you on a regular basis.  
If you are experiencing symptoms  
of Flu-like illness  
~ Please ~  
Take the time to recover at home  
before returning to the church building.  
We never want to exclude anyone –  
We simply want to do our best to care for everyone.  
Thank you for your help,  
Reverend Anne*

# Call for Volunteers to Serve on the Board and Committees for Next Year

Many years ago a Canadian steel manufacturer had as its motto “our product is steel, our strength is people.” Westwood’s strength over its twenty-eight years has been its people, seeing it through the good times and those of challenge.

Westwood has a small paid staff to provide professional ministry (minister and director of religious education) and administrative support. It pays for child-care, worship service musicians (other than members and friends who occasionally volunteer) and the choir accompanist. We contract out the cleaning of the building and some jobs that exceed our expertise (e.g., installing a furnace). The other tasks required to keep the church going – other forms of ministry (e.g., Chalice Circles, Spinning the Web dinners, library), governance, budget, fundraising, maintenance, grass cutting, snow shoveling, worship service planning, policy development, coffee hosting, greeting, newsletter editing, website design and content, keeping in contact with one another during times of illness and sorrow, etc. - are done by members and friends who volunteer their many diverse talents and their time. Without these volunteer contributions of service Westwood would not exist.

Our record of volunteer service is strong. Of our 96 members, 60% contribute through service on one or more committees and/or to major regular activities like Choir and the Winter Solstice Service. Of our 39 friends (people who are not members but who wish to be listed in our Directory) 13% contribute their service to committees and major activities. Not captured by these numbers is the fact that many people who do not serve on committees or make contributions to major activities do provide volunteer service as service leaders, musicians, as greeters and coffee-hosts, building the wheel-chair ramp, etc.

Every year vacancies occur on the Board and on the various committees of the congregation. Some people move away, some have served for a number of years on a particular committee and are looking for a change, and some people’s life circumstances have altered the time and energy they have to contribute. This year is no exception. Westwood needs at least 16 people to step forward to fill these vacancies so that it can continue to serve our needs as individuals, as families, as a community. More volunteers would allow us to increase our services. For example, the adult religious education and care and connections committees did not operate this year due to lack of chairs and members.

If you are new to Westwood or haven’t served on a committee before it is a great way to learn about Westwood, to meet some wonderful people, and to get a sense of satisfaction from making a difference. Please consider what and how you can contribute with your volunteer service.

The terms of reference for the committees and the Board can be found on the Westwood’s website [www.westwoodunitarian.ca](http://www.westwoodunitarian.ca). Just click on “Organizational Guide’ on the menu along the left hand side of the home page. Scrolling through you will find the names of the various committees and what they are about. Information about what the Board does is found under “Bylaws” and also under the responsibilities of “President, Vice-President, Treasurer and Secretary”. You will also find the responsibilities of a “Committee Chair” in this section.

Please contact Dennis Foth ([secretary@westwoodunitarian.ca](mailto:secretary@westwoodunitarian.ca)) if you have any questions. If he doesn’t have the answers he will have someone get in touch with you who does. And, when you are ready to “sign-on” just give President Mitch Waldon or Dennis a call.

With thanks,

Dennis Foth

[secretary@westwoodunitarian.ca](mailto:secretary@westwoodunitarian.ca)

Mitch Waldon

[president@westwoodunitarian.ca](mailto:president@westwoodunitarian.ca)



# Volunteer Vacancies

Westwood needs to fill the following vacancies on the Board and committees for next year.

Please consider how you can help.

## Board (elected by the Congregation at the Annual General Meeting)

**Vice-president:** Someone willing to take on the role for the coming year and then stand for the Presidency in the following year.

**Trustees (2 or 3):** Trustees normally make a two-year commitment.

The purpose of the Board is to administer the affairs of the Westwood Unitarian Society. Membership on the Board consists of President, Vice-president, Treasurer, Secretary and 5 – 9 trustees. The Past-president is an ex-officio member. The current President, Treasurer, Secretary and three trustees will remain on the Board next year. Hence, the need is for a Vice-President and at least two trustees.

## Financial Review Committee (elected at the AGM)

### Two positions

The purpose of the committee is to ensure that the financial statements are free of material misstatements and represent fairly, in all material aspects, the financial position of the Westwood Unitarian Society. This committee has a membership of three. It normally meets only on a few occasions in the fall of each year. The chair is staying on for another year.

## Worship Services Committee

### Chair or two co-chairs and 1 or 2 additional members

The purpose of the committee is to plan and create meaningful worship services and to prepare service leaders to lead worship services. While the number of members for this committee is not specified in its terms of reference it usually has 4 – 6 members. This past year there were four members. This year's co-chairs are going on to other things, two of the members will remain.

## Stewardship Committee (formerly known as Canvass Committee)

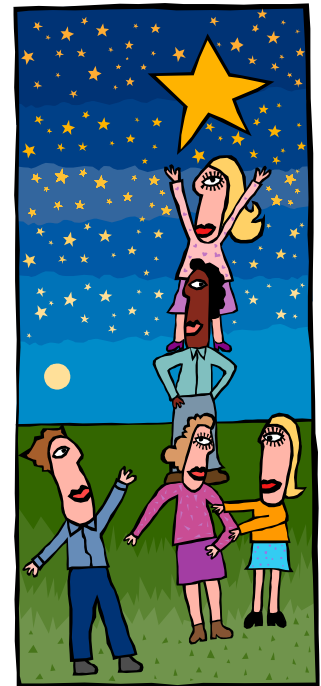
### Chair or two co-chairs and 1 or 2 additional members

The purpose of the committee is to plan and execute a successful stewardship campaign. The number of members is not specified in its terms of reference. However, it usually has 5 – 6 members. This year's committee consisted of two co-chairs and three members. The two co-chairs are going on to other things.

## Care and Connections Committee

### Chair and 1 or 2 additional members

The purpose of this committee is to show support and care for members and friends of our religious community. This committee currently has no members. In the past it has had 2 – 3 members.



# Volunteer Vacancies (continued)

## Committee on Shared Ministry

### One member

The purpose of this committee is to strengthen the quality of shared ministry within Westwood. The terms of reference indicate that this committee must have at least three congregational members, appointed by the Board in consultation with the Minister, who is also a member of the committee. Two of the three current congregational members will remain on the committee next year.

## Communications

**Chair**—someone to coordinate our various communication activities (newspaper ads, press releases, web site, mailing lists, etc.) which are carried out by a number of people.

## Membership Committee

**One member** willing to participate this year and to take on the role of chair in the following year.

The purpose of the committee is to ensure newcomers are welcomed and provided with information about Unitarian-Universalism and Westwood. It encourages and facilitates newcomers to become members. It also works with the church administrator to maintain up-to-date mailing lists and databases. The structure of the committee varies from year to year. This year it operates with a chair and a number of people who welcome newcomers. Other years it has had a chair and one or two additional members.

## Adult Religious Education Committee

### Chair and 2 additional members

The purpose of the committee is to provide ongoing opportunities for spiritual enrichment through curriculum-based adult learning events. The committee currently has no chair or members. In the past it has had a chair and 1 or 2 members.



## Reminder: Scents Smells

There are some members, friends, and possibly visitors, of Westwood who have serious health problems triggered by exposure to scents and smoke.

This is just a reminder for all of us to refrain from using perfume or highly scented personal products in order to protect our friends. The policy we have pertains to Westwood services but this reminder is of a personal nature, something about which we cannot write policy!

## Pride Parade

This year the Edmonton Pride Parade will be on Saturday, June 12 at 1:00 PM.

We hope to have a strong Westwood turnout again this year.

## Winter Solstice Coordinators

Do you love Winter Solstice? Consider taking part in shaping the celebration this year. Lorian Kennedy is stepping into a supportive advisor role for this year's team of Winter Solstice coordinators. Fons Schellekens is returning as one of the **three coordinators** necessary to orchestrate Westwood's major event of the year. Two more people are needed to be Westwood's go-to people for the upcoming Winter Solstice. Don't keep us in suspense! Interested people need to identify themselves in **May** so the team has time to prepare and so we can all rest easy over the summer knowing it's in good hands. Thank-you!



## Summer Solstice

**Summer Solstice** falls on Monday, June 21. If you would like to work with Trudy to create a celebration in the park please let us know. If no one steps forward to lead we will quietly let this summer pass without a solstice gathering.



## New Service Leaders Wanted

If you are curious about joining Westwood's tradition of lay-led services we can arrange one-on-one training and orientation, role shadowing and mentorship. Lots of support is available for what is often a fun, easy headline job at Westwood. Please find a Worship Committee member soon to discuss joining the ranks of service leaders for the 2010-2011 year.

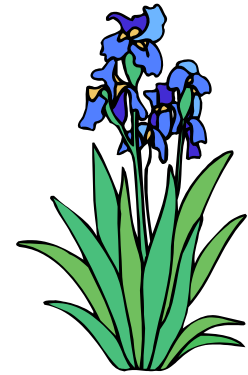
The **worship committee** can be reached at [worship@westwoodunitarian.ca](mailto:worship@westwoodunitarian.ca) or individually by our contact information in the Directory.

We are Karla Braun, Heather MacDonald, Charleen Miles, Melissa Henderson & Linda Axley.

## June services:

Mark your calendars!

**Child-led Flower Communion** brings Westwood's formal Sunday service year to a close on **June 20**.



# Westwood Stewardship Update

As this year's Stewardship process winds down, the Stewardship team would like to take a minute to sincerely thank you for your financial support of Westwood.

Here is an update, effective April 14, 2010:

We have received pledge commitments (or have on ongoing pre-authorized withdrawal agreements in place) from 62 members (65 % of membership) for \$75,944.

We have received pledge commitments (or have ongoing pre-authorized withdrawal agreements in place) from 8 friends (19%) for \$2475.

To date, this year's pledge commitments are \$78,419.

In the 2010-2011 draft budget, the Westwood Board has received spending increase requests for important new programs and enhancements to existing services. The most notable increases are in Children's and Youth Religious Education salaries (\$4300 increase), Choir director's salary (\$4000, previously unfunded), Edmonton journal ad (\$2400), Long Range Planning (\$1200), janitorial services (\$900) and building maintenance (\$700). We are also projecting increases in conference travel expenses and inflationary increases for staff, utilities...etc.

**Current pledging levels could potentially result in a significant budget deficit for the 2010/2011 church year.** Some options for addressing this deficit include an increase in pledging, growth in membership, reducing projected expenses or some combination of these. We are sure that the congregation will consider these options at the AGM on May 30.

**Here is the good news - it is not too late to pledge!** Members and friends can still pledge or increase their existing pledge! You will find a pledge form and pre-authorized withdrawal agreement by simply clicking on [www.westwoodunitarian.ca/stewardship.htm](http://www.westwoodunitarian.ca/stewardship.htm). Please drop off completed pledge forms in the secure mail box at Westwood (front door mail slot). If you have any questions, please contact Gord Grant or Kevin Fitzgerald at [stewardship@westwoodunitarian.ca](mailto:stewardship@westwoodunitarian.ca).

Once again, thank you for your ongoing support, past, present and future, of Westwood Unitarian Congregation. This congregation belongs to all of us!

Your Stewardship team,

Gord Grant, Kevin Fitzgerald, Elaine Roberts, Terry Anderson, Deidra Helmig.



## Democracy is Alive and Well at Westwood

One of the Unitarian Universalist principles that guides us is:

We affirm and promote ... the use of the democratic process within our congregations.....

At the annual meeting, the congregation will be asked to vote on a motion that the Social Justice Committee join the Greater Edmonton Alliance, a network of nearly 40 organizations of faith, labour, community and small business that work together to organize citizen's power so that we can act effectively and with impact on issues that matter to us all. A cornerpost of the democratic process is the ability to make informed decisions.

To that end, members of the Social Justice Committee are making themselves available after church on Sunday mornings in April and May, leading up to the Annual Meeting on May 30. One or two of us will be around after church specifically to answer your questions about the Greater Edmonton Alliance (GEA) and tell you why we think it is a good idea for us to become a member.

We have been having conversations with Westwoodians but we want to reach as many people as possible. Each newsletter since September has had an article about GEA. Check the archives on the website if you would like to read them.

You will notice that committee members are wearing "ASK ME ABOUT GEA" name tags, so please do just that. We don't want anyone coming to the Annual Meeting feeling uninformed. We hope you will come ready to accept our recommendation and vote "yes".

Originally, we were proposing that the congregation join GEA. However, in the light of new information the committee is proposing that the Social Justice Committee join GEA, on your behalf, and we pay the reduced membership fee of \$750 through fundraising

The committee is asking for your support and approval for this change of direction. And we are asking you to stand behind us as we work with GEA. We will need your support to raise the funds to pay the membership fee.

Carl Ulrich, Christine Watts, Edda Loomes, Heather Macdonald, Elaine Roberts, Kevin Fitzgerald, Oscar Zawalsky, Cassie Aziz-Few, Bill Woolverton, Joyce Spicer

## Wanted: Your Suggestions for Recipient of 2010 Winter Solstice Offering

One of Westwood's traditions is that the Social Justice Committee has the privilege of recommending the organization to receive the offering from the Winter Solstice service. We are starting something new.

YOU are invited to propose an organization to receive the offering. Submit your idea to the committee with a short supporting paragraph. Committee members may also make submissions. At our June meeting we will consider all suggestions and select **one** recipient, using the following selection guidelines which we recently developed:

- Organizations focused on social justice and/or other of Westwood's Seven Principles

- Organizations focusing on a cause that is one of WW's/SJC's priority areas in the current year

- Organizations or sectors that have not been selected in the recent past

Of those organizations meeting guidelines 1-3, preference will be given to:

- Organizations focusing on persons experiencing social disadvantages or hardship

- Organizations or sectors in greater financial need or which tend to receive less financial or in-kind support than others

Send your suggestions **no later than Tuesday June 1** to: [sjc@westwoodunitarian.ca](mailto:sjc@westwoodunitarian.ca)

It's happening again ...

## Second Sunday Potluck!

Next potluck: May 9, 2010

Mother's Day!

We have a



following the service  
the Second Sunday of every month

No meeting ... no agenda ... just

## lunch together!

Bring lots!

It's sure to be delicious!

## Second Sunday Potlucks!

### Westwood UU Guys Group

Sunday, May 2

Westwood's guys group will meet on the first Sunday of May, 7-9 pm in the sanctuary. New-comers, regulars, and especially the long absent are all welcome.

This month's discussion topic will honour one of the significant rituals of May, Mothers Day. Let's explore that theme, whether it be the Gaia, the sacred earth goddess, or "mom", it's your choice. Construction paper, yarn, and macaroni will be provided for special gift making (just kidding).

Snacks and readings however, are welcome.

### Wanted:

Awesome, caring person to provide weekly  
childcare

in the Westwood Nursery.

\$30/week

For more info, please contact

[kids@westwoodunitarian.ca](mailto:kids@westwoodunitarian.ca)



# BETWEEN THE LINES

**It's all in  
black &  
white!**



**Come one, come all, to  
our community play!!!**

**BETWEEN THE LINES –  
about a fairy tale world,  
where nothing is black or  
white!!!**

**Performed by the  
children and youth  
of the Westwood  
Unitarian Congregation.**

**Bring your friends!**

**Admission by donation.  
Proceeds to children and  
youth programming.**

**For more information,  
contact Gord at  
780-437-9641**

**ONE DATE ONLY**

**Saturday, May 15th, 2010  
7:00 - 8:30pm**

**Westwood Unitarian  
Congregation  
11135-65 Avenue**

## Our “Fibber McGee” Closets

Have you ever heard of Fibber McGee’s closet\*? Well Westwood has our own Fibber McGee closets in some of our storage areas. Things keep accumulating; stuff gets stuck in there because no one knows where it goes or thinks perhaps it may be useful some day. Or it may be too big a job at the time to sort it out. And who is supposed to decide on it anyway? Many areas of the church have already been extensively renovated and decorated – and that work has made a huge improvement. But it is a continuing challenge to keep things functional and easy to use. The unattractive and frustrating clutter keeps coming back.

A small team headed by Christine Watts (our energetic Building and Grounds chair), Rev. Anne Barker and Lorian Kennedy have had a look at our office and the basement storage areas (in consultation with Suzanne) to see what is serving our needs and to try to maximize our use of the space. Some things aren’t earning their keep in our limited space and we have thought of several ways to reorganize more efficiently. But first we need to dispose of some items and move some furniture. We want to make sure that things that are not needed go to a good home where possible (perhaps to your home). In the process we have also made a list of things that need to be fixed so that we have safe, attractive, functional spaces.



We are planning to have a **work bee** on May 1, 2010 from 1:00-3:30 PM but first we will need to remove some items. We already have someone interested in the wooden desk in the office and the old TV stand. We hope to find new homes for:

- the big old TV
- the wooden stand in the inner office that the candle tree sits on during the week
- the old fax machine
- the metal photocopier stand/cabinet
- windows that were on the old door in the basement and
- the lamp with white lampshade in the storage room.

There are also several small jobs which could be done during the work bee or at your own time (although a work bee is lots more fun). These include:

- assembling the new TV stand
- setting up our new TV
- moving some books and shelves
- installing some new shelving/wall units
- installing wall clips to hold our floor mops
- sorting through all our extension cords and checking them
- repairing the loose top of the altar and the cracked small lectern
- putting basement keys on paint sticks
- securing the cabinet in the washroom to the wall and
- repainting the ceiling in the children’s rooms (where the wall used to be).

This is just a start but enough to keep us busy for now.

Please contact Christine Watts ([buildingandgrounds@westwoodunitarian.ca](mailto:buildingandgrounds@westwoodunitarian.ca)) if you have any concerns or would like to volunteer.

\* You can listen to what happens when Fibber McGee opens his closet door at <http://otr.net/?p=fibb> . The closet episode (the first of several) is Number 58 and the closet door opens around 3:50 minutes.

Eliot Institute



**naramata uu summer camp**

YO!  
I'M DJ MARMY  
AND I'M HERE TO SAY,  
COME TO NARAMATA,  
IT'LL MAKE YOUR DAY.  
THERE'S LOTS OF FUN  
FOR EVERYONE  
AND YOU'LL MAKE NEW  
FRIENDS,  
PLAYING IN THE SUN.  
YOU CAN SWIM IN THE LAKE  
ALL AFTERNOON  
AND GO TO BED  
BY THE LIGHT OF THE  
MOON.  
IT'S THE MOST EPIC PLACE  
FOR YOUTH TO STAY.  
YOU CAN TALK, KICK BACK,  
OR PLAY KING FROG ALL  
DAY.  
SO I HOPE YOU COME  
YOU'LL HAVE A GREAT  
TIME -  
I'D SAY SOME MORE, BUT I  
CAN'T FIND A GOOD RHYME!

**ELIOT INSTITUTE** JULY 3 -10, 2010.  
EMAIL: [ELIOTREGISTRAR@GMAIL.COM](mailto:ELIOTREGISTRAR@GMAIL.COM).  
WEB: [HTTP://WWW.ELIOTINSTITUTE.ORG/](http://WWW.ELIOTINSTITUTE.ORG/)

(C) 2010 EMILY MOON

UNICAMP 2010

Children's camps are filling, but there are still a few spaces left. A great way for your child to experience the wonder of Unicamp with counselors who use all of the 7 principles.

Friday evenings we have a drum circle and storytelling or dancing! Saturday night we have a dance like no other.

The 2010 brochures are available at your congregation's Welcome Table.

Looking for somewhere to have your church picnic, board or RE retreat? Why not at Unicamp? Contact [admin@unicampofontario.ca](mailto:admin@unicampofontario.ca) to make your reservation today!

We run 3 weeks of camp for children ages 7-13 and one week for youth 13-15, as well as a Counselor in Training and Leader in Training program. There are 3 weeks for families in August and weekend programs that include Sacred Circle Dance and the Magic of Music.

If you've never been to Unicamp why not come in 2010. It is truly a magical place.

Contact [admin@unicampofontario.ca](mailto:admin@unicampofontario.ca) or telephone 519-822-6353 to make your reservation. Or find out more at [www.unicampofontario.ca](http://www.unicampofontario.ca)



The CUC has moved!

Please update your records to:  
Canadian Unitarian Council  
100 - 344 Dupont Street  
Toronto ON M5R 1V9

For directions to our new office visit  
our website at [www.cuc.ca](http://www.cuc.ca)

Our phone numbers remain the same:  
416-489-4121  
1-888-568-5723  
Email: [info@cuc.ca](mailto:info@cuc.ca)

## WWho Are UU?

**What is your name?** Lori Crozier

**How old do you feel?** Ready for retirement. ☺

**What is your favourite month?** April. The birds are singing, the grass is greening, the garden is calling out to me and....we were married in April.

**How long does it take you to get to Westwood on a Sunday morning?** 3 minutes, if I doddle.

**What is your favourite meal?** Just about anything cooked over an open fire or on the BBQ....followed by cheesecake, of course.

**If you could wake up anywhere you wanted tomorrow, where would it be?** In our own house.

**Tell us about your family.** Some of you may know my wife (or The Reverend Wife as we say in our house)...Then there is Casey who is about to graduate from high school, Emmanuel and Jess who are living and working in Saskatoon, Sarrah and Ryan who are settling into their new house in Calgary and Lacy, surely sleeping somewhere at this moment.

**In what ways do you participate at Westwood?** I have participated in small ways here and there but my primary contribution is to provide care and support for the Minister.

**Tell us one thing about you that you are particularly proud of.** I am proud that I have survived these past two years of work with my sense of humour still intact.

**What is one thing you are looking forward to?** I am looking forward to planting the garden and taking some time off to watch it grow.

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## Expect Life!

Do not live too far in the past or the future. Live now.

In each moment expect a miracle: ten kinds of birds at the feeder, and the tracks of a fox in the snow.

Pick up a magnifying glass and scrutinize that crocus. See the pollen at the center of the daffodil, life's dust, death-defying life. Be astonished at the flower, arrested by its beauty.

Run naked through the garden early in the morning and hope the wild geese fly by.

Get silly and laugh loudly with your grandchildren or your grandparents. Refuse to leave the dead behind, but bring their memory to all your chores and games and corners of quiet, warm tears.

Know always that joy and sorrow are woven together; one cannot be without the other. If you love, know that sometimes your love will bring you tears; if you grieve, know it is because at some time you were willing to love.

Do not be afraid to die today. But expect life!

- Elizabeth Tarbox



## Come sing with us!

Westwood's choir, Harmonia, invites you to join in the fun and fellowship of making beautiful music together. No experience is necessary, in music or in singing (if you have experience, we'd love to have you too). We sing at the Sunday service about once a month and rehearse on Tuesday evenings from 7:15 to 9:00 p.m. Contact Rebecca Patterson for more info: [choir@westwoodunitarian.ca](mailto:choir@westwoodunitarian.ca)

## Want to spread the word about an event, fundraiser, activity, etc.?

If you have an announcement to share, whenever possible, please send it into the office to be included in the print version. The deadline is **Friday at 9 a.m.** Please send via e-mail to [info@westwoodunitarian.ca](mailto:info@westwoodunitarian.ca) or call the office. Our time together on Sundays is short and precious. Thank you for helping keep the timelines for Sunday services on track!

## Newsletter Policies

**Deadline: 15<sup>th</sup> of the month.**

*The Westwoodian* is published monthly, with the exception of the July and August issues which are combined. The deadline for contributions is the 15<sup>th</sup> of the month.

Members and friends are invited to submit articles of interest to the congregation. Contributions can be e-mailed to [newsletter@westwoodunitarian.ca](mailto:newsletter@westwoodunitarian.ca).

Help Westwood save money and trees by receiving your copy of *The Westwoodian* electronically. If you would like to join (or remove yourself from) our mailing list, please e-mail us.

## Do you have musical talents?

Would you care to share your talent with the congregation? Whatever instrument you play, there is a place for you in the musical life of Westwood's Sunday Services. We could all make beautiful music together. Contact [musicschedule@westwoodunitarian.ca](mailto:musicschedule@westwoodunitarian.ca) for more info or to volunteer.

## Westwood's Yahoo Discussion Group

<http://groups.yahoo.com/group/WestwoodUnitarian>

An open discussion and announcement list for members and friends of Westwood Unitarian Congregation.

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## Need to book a room at Westwood?

Phone the office and talk with Suzanne (our administrator). Or send your request, complete with date, time, and which room/space you wish, via email to [info@westwoodunitarian.ca](mailto:info@westwoodunitarian.ca). (Remember, you haven't got it booked until you have confirmation from Suzanne.) Thank you.

## Canadian Unitarian Council

The Canadian Unitarian Council connects, nurtures and empowers Canadian Unitarians and Universalists and their congregations, and fosters the growth and outreach of the Unitarian Universalist movement in Canada. See what's happening with the CUC at [www.cuc.ca](http://www.cuc.ca).



## Who to Contact

### Office

11135-65 Avenue T6H 1W3

Phone..... 780-434-5819  
Fax..... 780-436-5816  
Website ..... [www.westwoodunitarian.ca](http://www.westwoodunitarian.ca)  
E-mail..... [info@westwoodunitarian.ca](mailto:info@westwoodunitarian.ca)

**Administrator**..... Suzanne Grant  
Office hours..... Vary, please email or leave message

- for any bookings at Westwood
- written Sunday announcements due Friday mornings at 9:00 am, send to [info@westwoodunitarian.ca](mailto:info@westwoodunitarian.ca)

**Minister**..... Rev. Anne Barker  
Phone..... (780) 434-5819 ext#1  
E-mail..... [anne@westwoodunitarian.ca](mailto:anne@westwoodunitarian.ca)  
Office hours..... Wed 9 am – 12, or by appointment

### Board of Trustees 2009-2010

President..... Mitch Waldon  
Vice-President..... Virginia Gillese  
Treasurer..... Gordon Thomas  
Secretary..... Dennis Foth  
Trustees..... Kevin Fitzgerald  
Terry Anderson  
Linda Jennings

### Other Roles

Building & Grounds [buildingandgrounds@westwoodunitarian.ca](mailto:buildingandgrounds@westwoodunitarian.ca)  
Care & Connections [careandconnections@westwoodunitarian.ca](mailto:careandconnections@westwoodunitarian.ca)  
Chalice Circles..... Carl Ulrich  
Anastasia Sydor  
Children's Program Kathy Lightfoot  
Choir..... Rebecca Patterson  
Lay Chaplain..... Colette Orioux  
Library..... Margaret Harris  
Membership..... Sara McEwan  
Newsletter..... [newsletter@westwoodunitarian.ca](mailto:newsletter@westwoodunitarian.ca)  
Social Justice..... [sjc@westwoodunitarian.ca](mailto:sjc@westwoodunitarian.ca)  
Sunday Hospitality Manfred Kalk  
Website..... [web@westwoodunitarian.ca](http://web@westwoodunitarian.ca)  
Worship Services... Charleen Miles  
Melissa Henderson  
Heather MacDonald  
U of A Chaplain Rev. Audrey Brooks

## Mark Your Calendar

May 1—Work Bee  
May 2—Westwood UU Guys Group  
May 5—Westwood Board Meeting  
May 9—Second Sunday Potluck  
May 13—Worship Meeting, 7:15 pm at the church  
May 15—Between the Lines  
May 21-24—CUC ACM & National Gathering  
May 29—Spinning the Web dinner  
May 30—Westwood Annual General Meeting  
June 1—Deadline for winter solstice offering suggestions  
June 12—Pride Parade

